

lunes	martes	miércoles	jueves	viernes	info
			Patatas guisadas con carne <b>1</b> <i>Cinta de lomo</i> tomate y verduras Pan, postre lácteo ..... Stewed potatoes with meat Tenderloin tomato vegetables Bread, milk dessert	Lentejas campesina <b>2</b> Tortilla Española c/pimientos Pan, Fruta y leche ..... Lentils peasant Spanish omelette with peppers Bread, Fruit and milk	Prot. 23 Lip. 21 Hc. 98 Kcal. 710
Tallarines <i>SOLO</i> con tomate <b>5</b> Cinta de lomo en salsa c/ patatas Pan, fruta y leche ..... Pasta with tuna and tomato Tenderloin steak with potatoes Bread, fruit and milk	Garbanzos estofados con verduras <b>6</b> Croquetas de jamón c/ ensalada Pan, fruta y leche ..... Cheakpea with vegetables Croquette with salad Bread, fruit and milk	Sopa de Estrellas <b>7</b> Albóndigas jardinera c/patatas Pan, fruta y leche ..... Stars soup Meatballs with vegetables Bread, fruit and milk	Crema de zanahoria <b>8</b> Ragout de Ternera con patatas Pan, postre lácteo ..... Carrot Cream Beef stew with potatoes Bread, milk dessert	Fideuá <i>DE CARNE</i> <b>9</b> Tortilla francesa con ensalada con maíz y zanahoria Pan, fruta y leche ..... Fideuá <i>ONLY MEAT</i> French omelette with salad Bread, fruit and milk	Prot. 25 Lip. 36 Hc. 95 Kcal. 698
Judías verdes rehogadas con tomate <b>12</b> San Jacobo clásico c/ patatas Pan, fruta y leche ..... Green Beans with tomato Breaded ham & cheese w/ potatoes Pan, fruta and milk	Alubias pintas con arroz <b>13</b> Pollo asado al limón c/ensalada Pan, fruta y leche ..... Black beans stewed Chicken grilled with salad Bread, fruit and milk	Espirales a la napolitana <b>14</b> Cinta de lomo con verduras Pan, fruta y leche ..... Napolitana pasta Tenderloin steak with vegetables Bread, fruit and milk	<b>15</b> <b>DÍA NO LECTIVO</b>	<b>16</b> <b>DÍA NO LECTIVO</b>	Prot. 22 Lip. 27 Hc. 89 Kcal. 701
Macarrones a la Boloñesa <b>19</b> Filete de pollo y ensalada Pan, fruta y leche ..... Macaroni bolognese Chicken filet with salad Bread, fruit and milk	Pure de verduras de temporada <b>20</b> Escalope de cerdo con patatas Pan, fruta y leche ..... Vegetables puree Steak with potatoes Bread, fruit and milk	Sopa de Cocido <b>21</b> Cocido Completo Pan, fruta y leche ..... Cocido soup Madrid-style stew Bread, fruit and milk	<b>22</b> <b>JORNADA GASTRONÓMICA DE BALEARES</b> Arroz Brut Pollo Mallorquina con Tumbet Ensaimada	Lentejas con verduras <b>23</b> Huevos en bechamel con verduritas salteadas Pan, fruta y leche ..... Lentils with vegetables Moll eggs with vegetables Bread, fruit and milk	Prot. 23 Lip. 25 Hc. 95 Kcal. 682
Paella <i>DE CARNE</i> <b>26</b> Salchichas frescas c/puré patatas Pan, fruta y leche ..... Paella <i>ONLY MEAT</i> Sausages with potato's puree Bread, fruit and milk	Sopa Maravilla <b>27</b> Tortilla de patata con ensalada Pan, fruta y leche ..... Wonders soup Spanish omelette with salad Bread, fruit and milk	Crema Hortelana <b>28</b> Pollo con nata y champiñones con patatas Pan, fruta y leche ..... Gardener cream Chicken w/ cream& mushroom Bread, fruit and milk			Prot. 25 Lip. 17 Hc. 99 Kcal. 675