

lunes	martes	miércoles	jueves	viernes	info
			Patatas guisadas con carne <b>1</b> Bacalao con tomate y verduras Pan S/G postre lácteo ..... Stewed potatoes with meat Code with tomato and vegetables Bread, milk dessert	Lentejas campesina <b>2</b> Tortilla Española c/pimientos Pan S/G Fruta y leche ..... Lentils peasant Spanish omelette with peppers Bread, Fruit and milk	Prot. 23 Lip. 21 Hc. 98 Kcal. 710
Tallarines S/G con tomate y atún <b>5</b> Cinta de lomo en salsa c/ patatas Pan S/G fruta y leche ..... Pasta with tuna and tomato Tenderloin steak with potatoes Bread, fruit and milk	Garbanzos estofados con verduras <b>6</b> Fielte de pollo c/ ensalada Pan S/G fruta y leche ..... Cheakpea with vegetables Chicken filet with salad Bread, fruit and milk	Sopa S/G de Estrellas <b>7</b> Albóndigas S/G a la jardinera c/patatas Pan S/G fruta y leche ..... Stars soup Meatballs with vegetables Bread, fruit and milk	Crema de zanahoria <b>8</b> Ragout de Ternera con patatas Pan S/G postre lácteo ..... Carrot Cream Beaf stew with potatoes Bread, milk dessert	Fideuá S/G <b>9</b> Merluza enmaizenada con ensalada con maíz y zanahoria Pan S/G fruta y leche ..... Fideuá Filet fish with salad Bread, fruit and milk	Prot. 25 Lip. 36 Hc. 95 Kcal. 698
Judías verdes rehogadas con tomate <b>12</b> Escalope S/G c/ patatas Pan S/G fruta y leche ..... Green Beans with tomato Steak breaded w/ potatoes Pan S/G fruta and milk	Alubias pintas con arroz <b>13</b> Pollo asado al limón c/ensalada Pan S/G fruta y leche ..... Black beans stewed Chicken grilled with salad Bread, fruit and milk	Espirales S/G napolitana y queso <b>14</b> Merluza al horno con verduras Pan S/G fruta y leche ..... Napiltana pasta Hake baked with vegetables Bread, fruit and milk	<b>DÍA NO LECTIVO</b> <b>15</b>	<b>DÍA NO LECTIVO</b> <b>16</b>	Prot. 22 Lip. 27 Hc. 89 Kcal. 701
Macarrones S/G a la Boloñesa <b>19</b> Merluza enmaizenada y ensalada Pan S/G fruta y leche ..... Macaroni bolognese Hake crunch with salad Bread, fruit and milk	Puré de verduras de temporada <b>20</b> Escalope S/G c/ patatas Pan S/G fruta y leche ..... Vegetables puree Steak with potatoes Bread, fruit and milk	Sopa S/G de Cocido <b>21</b> Cocido Completo Pan S/G fruta y leche ..... Cocido soup Madrid-style stew Bread, fruit and milk	<b>JORNADA GASTRONÓMICA                      DE BALEARES</b> <b>22</b> ..... Arroz Brut Pollo Mallorquina con Tumbet Postre especial sin gluten	Lentejas con verduras <b>23</b> Tortilla francesa con verduritas salteadas Pan S/G fruta y leche ..... Lentils with vegetables French omelette w/vegetables Bread, fruit and milk	Prot. 23 Lip. 25 Hc. 95 Kcal. 682
Paella Valenciana <b>26</b> Salchichas frescas c/puré patatas Pan S/G fruta y leche ..... Valenciana Paella Sausages with potato's puree Bread, fruit and milk	Sopa Maravilla S/G <b>27</b> Bacalao con patata y huevo Pan S/G fruta y leche ..... Wonders soup Cod with egg and potatoes Bread, fruit and milk	Crema Hortelana <b>28</b> Pollo con nata y champiñones con patatas Pan S/G fruta y leche ..... Gardener cream Chicken w/ cream& mushroom Bread, fruit and milk			Prot. 25 Lip. 17 Hc. 99 Kcal. 675